



The Ten Study Habits of Successful Students

Successful students have good study habits. They apply these habits to all of their classes. Read about each study habit. Work to develop any study habit you do not have.

Successful students:

1. **Try not to do too much studying at one time.**

If you try to do too much studying at one time, you will tire and your studying will not be very effective. Space the work you have to do over shorter periods of time. Taking short breaks will restore your mental energy.

2. **Plan specific times for studying.**

Study time is any time you are doing something related to schoolwork. It can be completing assigned reading, working on a paper or project, or studying for a test. Schedule specific times throughout the week for your study time.

3. **Try to study at the same times each day.**

Studying at the same times each day establishes a routine that becomes a regular part of your life, just like sleeping and eating. When a scheduled study time comes up during the day, you will be mentally prepared to begin studying.

4. **Set specific goals for their study times.**

Goals will help you stay focused and monitor your progress. Simply sitting down to study has little value. You must be very clear about what you want to accomplish during your study times.

5. **Start studying when planned.**

You may delay starting your studying because you don't like an assignment or think it is too hard. A delay in studying is called "procrastination." If you procrastinate for any reason, you will find it difficult to get everything done when you need to. You may rush to make up the time you wasted getting started, resulting in careless work and errors.

6. **Work on the assignment they find most difficult first.**

Your most difficult assignment will require the most effort. Start with your most difficult assignment since this is when you have the most mental energy.

7. **Review their notes before beginning an assignment.**

Reviewing your notes can help you make sure you are doing an assignment correctly. Also, your notes may include information that will help you complete an assignment.



8. **Tell their friends not to call them during their study times.**

Two study problems can occur if your friends call you during your study times. First, your work is interrupted. It is not that easy to get back to what you were doing. Second, your friends may talk about things that will distract you from what you need to do. Here's a simple idea – turn off your cell phone during your study times.

9. **Call another student when they have difficulty with an assignment.**

This is a case where “two heads may be better than one.”

10. **Review their schoolwork over the weekend.**

Yes, weekends should be fun time. But there is also time to do some review. This will help you be ready to go on Monday morning when another school week begins.

These ten study habits can help you throughout your education. Make sure they are your study habits.

Managing Your Study Time

There are only so many hours in a day, a week, and a term. You cannot change the number of hours, but you can decide how to best use them. To be successful in school, you must carefully manage your study time. Here is a strategy for doing this.

Prepare a Term Calendar

At the beginning of a term, prepare a Term Calendar. Update it as the term goes on. Here is what to do to prepare a Term Calendar.

Record your school assignments with their due dates and your scheduled tests.

Record your planned school activities.

Record your known out-of-school activities.

Prepare a Weekly Schedule

Each Sunday before a school week, prepare a Weekly Schedule. Update it as the week goes on. Here is what to do to prepare a Weekly Schedule.

Record your daily classes.

Enter things to be done for the coming week from your Term Calendar.

Review your class notes from the previous week to see if you need to add any school activities.

Add any out-of-school activities in which you will be involved during the week.

Be sure to include times for completing assignments, working on projects, and studying for tests. These times may be during the school day, right after school, evenings, and weekends.

Prepare a Daily Organizer

Each evening before a school day, prepare a Daily Organizer for the next day. Place a \checkmark next to each thing to do as you accomplish it. Here is what to do to prepare a Daily Organizer.

Enter the things to do for the coming day from your Weekly Schedule.

Enter the things that still need to be accomplished from your Daily Organizer from the previous day.

Review your class notes for the day just completed to see if you need to add any school activities.

Add any out-of-school activities in which you will be involved the next day.

Your Weekly Schedule should have more detail than your Term Calendar. Your Daily Organizer should have more detail than your Weekly Schedule. Using a Term Calendar, a Weekly Schedule, and a Daily Organizer will help you make the best use of your time.

<http://www.how-to-study.com>

<http://www.schoolshistory.org.uk/revision.htm>

There are many different methods of revising.

Use these links to see some interactive revision packages..

Homework High from Channel Four. This site has a variety of functions and allows you to 'ask a teacher'. Very useful for checking up on missing knowledge.



S-Cool is a relatively new educational website. It offers a variety of tips and activities to help you in your revision. S-cool has an excellent Careers section - highly recommended.



The BBC's revision guides. Excellent resources for 'cramming' or for regular revisiting.



SAM Learning revision materials site has won acclaim from the Headteachers association - so it can't that bad!

